

what's up

YOUR TEAM SAVE THE CHILDREN NEWS



ANNE'S HAPPY FRIENDSGIVING!

Contributed photo

Every child, here in the United States and all around the world, deserves a future. That's the belief that inspired Anne Poole, her husband and her friends from Dover, Massachusetts to gather for their third annual "Friendsgiving" last November. Not only a fun, food-filled gathering of friends, this was an opportunity to raise money and do some

good. This means so much to Anne, who in her role as a nurse practitioner, has seen firsthand the many challenges vulnerable children from lower socio-economic levels in our own country have to face.

This year's gathering, Anne's first-ever pot-luck at a local farm, brought together 48

friends and raised over \$7,000 for children in need. What a way to kick off the holiday season with heart-felt generosity and cheer!

[Learn how you, too, can combine a friendly celebration with a cause you care about: changing lives.](#)



MEANINGFUL MOVIE NIGHTS

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INSPIRED BY A CLASS PROJECT ON POVERTY, ARIA STARTED AN ANNUAL MOVIE NIGHT FUNDRAISER. HERE SHE DESCRIBES HOW EASY – AND EVEN FUN – IT IS TO DO GOOD!

"A couple of years ago, I decided to do a class research project on poverty – specifically, how poverty affects families. Some of the facts I learned were terrifying. That summer, I decided to do something to make those families' lives better, and I looked for charities to work with. I found Save the Children's website, and it was easy to create my fundraiser – I would host a fun movie night! I did a lot of research to put my plan into action – and in no time the big night was here.

"That night, I had almost 100 people watching 'The Greatest Showman' for \$5 each in my backyard. In the end, I was able to donate over \$1,000 to help kids all over the world. I hope to continue this for years to come."

This year, Aria chose to feature "Aladdin" and raised \$1,279!
[Put your own popcorn-and-a-movie night plan into action – it's entertainment done good!](#)



Contributed Photo

BOBBIE'S BAKING FOR GOOD

BOBBIE IS PUTTING HER PASSION FOR CHILDREN INTO EACH AND EVERY BAKED GOOD, RAISING MONEY AND LEARNING LESSONS ALONG THE WAY. THIS IS HER STORY.

"Being the mother of five small children has changed my life, and my days are busy at home seeing to their needs. That's why I think Save the Children's mission means so much to me. I grieve to think that children as young as my own are cold, hungry, in danger, sick and without the means to improve their lives. For many years, I have felt desperate, not knowing how I could help. We have a limited income, and I don't have much time on my hands."

"I believe that all of us are uniquely gifted and, if possible, we must use our abilities to improve this world."

"But I've always loved baking, and I had begun toying with the idea of eventually making it into a business, when God placed it on my heart that I could sell what I bake and donate the proceeds. I hoped to earn enough to cover the overhead costs and still put money toward a cause that would help children enduring these life-threatening conditions."

"My search for a reputable charity led me to Save the Children, and I was able to set up a fundraising page right on their website.

Soon I was selling specialized cupcakes, cinnamon rolls and holiday cookies, all made from scratch in my own kitchen, with an ambitious \$2,000 fundraising goal.

"Fundraising has taught me two things. First, I can't give up. Although I'm not a very outgoing person, I had to put myself out there on social media to promote my cause. I'd never meet my goal without asking for donations. Second, I'm learning not to get discouraged. On some days, I didn't receive a single call or donation. But the truth is, I didn't need one huge order, but lots of smaller ones. I needed happy customers to recommend me to their friends, and so on. One by one."

Bobbie's passion for changing lives, yummy kitchen skills and fundraising lessons learned are all paying off – she's already raised \$1,438!

[Learn more about our life-changing work for children in the U.S. and around the world – and how you can leverage your own unique gifts for good.](#)



Contributed Photo

Read Grace Lee's deeply compelling words about child refugees – we promise, you'll be wowed! Grace is president of the Save the Children club at Northfield Mt. Hermon School in Gill, MA.

"I've always loved working with kids and learning about their lives. Recently, we began studying the topic of Central American immigration, which led to heated debates. At the news of blatant mistreatment of young refugees and separation of families at the border, my love for children became a newly affirmed desire to advocate for them. Investigating the experience of refugee children and families at the border eventually unearthed the underlying political and economic implications of refugee treatment in the U.S., and I've published research papers on these topics in public law journals to try and help others understand the extent of this topic."

"In 2018, I came across a news article that featured a woman desperately dragging her two children away from massive fumes of tear gas at the Tijuana, Mexico border. This was when I knew that I couldn't stand by idly watching innocent lives suffer because of indifferent political agendas and bigoted policies. When I started the Save the Children club at my school, I not only wanted to help spread awareness about Central American refugees, but also to rectify misinformed debates that many students were having about immigration. Many of my peers, solely because of political affiliation, supported violent measures against child refugees. Appalled by their views, I believed that a holistic education was the best way to help."

"We held various petition signings across campus, a school first, to provide correct information about the American immigration system and its treatment of refugees, as well as to make concrete political impact. We displayed stories of children in war-torn countries around our library and hosted information sessions in the cafeteria rallying support for political reform. Next, we plan on hosting bake sales and working with local organizations that support similar causes to further expand our club's impact. As the 2020 elections approach, our club will continue to promote informed conversations that recognize the human beings affected by public policy. Only then can we start making responsible and just decisions on issues that matter."

Save the Children is the leading national response agency focused on the unique needs of children in transit shelters at the U.S. southern border. [Learn more about our work at the border.](#)



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NATE: CHANGEMAKER FOR CHILDREN

In 2019, Save the Children's centennial year, we asked supporters to nominate changemakers for children – individuals committed to raising their voices and rolling up their sleeves to create meaningful change for children. Eleven-year-old Nate from Pennsylvania wasn't only nominated, he won the contest (along with one adult winner)! Here he is on the left, now 12, with his 8-year-old brother, Eliot, both of whom fundraise for children and other causes.

Nate was only 6 when he made his first donation collection box and decided to focus on food for babies – because “babies are too little to help themselves,” he says. After delivering his first donation to a local women’s shelter, Nate wanted to

go bigger. So with some help from his mom, he created his own charity, called Baby Food Fund. Since then, Nate has held many fundraisers, partnered with a community food bank and delivered over 2,000 pounds of baby food! Nate dreams of going bigger still – serving the whole country and, someday, the world. His vision: To eradicate child hunger; giving every baby a healthy start in life.

[Read more about the inspiring everyday heroes changing children's lives for a lifetime!](#)

FROM OUR SAVE THE CHILDREN KITCHEN: PARATHA WITH GHEE (FLATBREAD WITH BUTTER)

Traditional Country of Origin: Pakistan

Serves: 4

A paratha is usually cooked in the morning and generously lathered with ghee (clarified butter). It provides sufficient calories for people laboring — usually in the fields. This versatile flatbread can also be stuffed with cheese, spinach, potatoes, onions, etc., or served with fried or boiled eggs, meats or vegetables.

INGREDIENTS:

- 1 cup wheat flour
- 1 teaspoon oil
- 1/2 teaspoon salt
- 1/4 to 1/2 cup water
- 1/2 cup ghee (melted clarified butter)

INSTRUCTIONS:

Mix all of the above ingredients (except the ghee) together to form a stiff dough. Knead well with your hands until the dough becomes smooth. Cover and set aside for 2 hours.

Pinch off about a quarter of the dough and roll it into a ball. Flatten evenly into a thin circle with a rolling pin. Pour 1/4 teaspoon of ghee onto the circle of dough and spread it evenly around the dough — this can be done with your hands. Fold the dough into a triangle, and flatten it evenly again into a circle. Do your best to keep it round, and it will cook evenly. This process makes the paratha flaky and like pastry dough.

Pour 1/2 teaspoon of ghee onto a hot griddle — or on the top of a clay oven if you have one. Flip paratha until golden-brown on both sides.



Choose your own race event and raise funds to help us do whatever it takes to ensure that all children grow up healthy, learning and safe.

PERKS INCLUDE:



Fundraising support from Save the Children staff



Flexibility to choose a race that fits your own schedule



Raise \$250 and receive a Save the Children race t-shirt!



The chance to create lasting change in the life of a child

LEARN MORE & SIGN UP:
support.savethechildren.org/teamsave



START HERE START NOW

Start a Save the Children club – and start changing lives!

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Believe it or not, there are kids right here in the U.S. and all around the world without enough food or clean water to drink. Kids who want to go to school, but can't – because they need to work. Sadly, there are kids living in war zones. Some who've been forced to leave their homes, their schools, their friends and everything they once knew behind and now live as refugees. These are kids just like you who just need someone to care.

It can be hard to know where to start. But we know that every act of generosity creates change that ripples through children's lives – and lasts a lifetime.

WHAT'S A **SAVE THE CHILDREN CLUB?**

Save the Children clubs are fun-filled leadership opportunities that change lives. These student-led groups meet regularly to create change for kids in need – through fundraising, awareness-building and advocacy events. The goal: Giving children in the U.S. and around the world the chance to grow up healthy, educated and safe – so they can have the futures they deserve.

READY TO GET STARTED? NEXT STEPS...

To start your own school's **Save the Children club**:

1. Start it up

Find other club members – friends and fellow students like you who are passionate about changing lives.

2. Get sponsored

Who's your favorite teacher or coach? Get approval from your school and find a faculty advisor. Check with your principal or your guidance counselor about your school's requirements for starting a club.

3. Sign and go!

Register your club with Save the Children. It's easy... there's a simple online form to complete and then email.

Contact getinvolved@savechildren.org with questions!

Start your life-changing club today: savethechildren.org/clubs